



# St. Pete Beach eNews

*The Official Electronic Newsletter of St. Pete Beach*

**June 9, 2016**

## POOL INFORMATION

Water temp. always 82°!

### POOL HOURS

May 15th—August 7th

#### Adult Lap Swim

Mon-Fri: 7a-10a

Mon-Thu: 11a-4p (1 lane)

Mon-Thu: 6-7p (3 lanes)

Fri: 11a-6p (1 lane)

#### Public Swim

Mon-Thu: 10a-4p

Fri: 10a-6p

Sat: 10a-3p

Sun: 12-3p

#### Twilight Swim

Tues: 7-8:30p (June 7-August 9)

Thu: 7-8:30p (June 9-June 30th)

## UPCOMING MEETINGS

Held at City Hall

City Commission Workshop  
June 14 @ 4:30p

City Commission  
June 14 @ 6p

Planning Board  
June 21 @ 4p

City Commission  
June 28 @ 6p

Board of Adjustment  
June 29 @ 2p

Historic Preservation  
July 7 @ 3:30p

City Commission  
July 12 @ 6p

City Commission meetings  
replay on Ch. 642 on a  
continuous loop

**~LIBRARY NEWS & EVENTS~** Monday, Summer Reading signup begins for ages 5 and up; Thursday, 11:00 am, Mother Goose Time with Grace, for ages 3 and under; Thursday, 4:00 pm, Tail Waggin' Tutors, skill-building for beginning readers.

**~DIVE-IN MOVIES~** Summer Dive-In Movies are back at The St. Pete Beach Community Aquatic Center, 7701 Boca Ciega Dr. Bring your noodles, floats, and chairs to lounge by the pool while watching a movie on our big inflatable screen out under the stars! Our first Dive-In Movie will be on Friday, Doors open at 8:00pm. Admission is only \$4.00 per person. This event will be canceled in inclement weather. For our full schedule of Dive-In Movies visit our website at [www.spbrec.com](http://www.spbrec.com). For more information call the Aquatic Center at 727.363.9264.

### Full list of Summer Dive-In Movies

June 17th- Lego Movie

July 1st- Despicable Me

July 15th- Maleficent

July 29th- Inside Out

**~BECOME A JUNIOR LIFEGUARD THIS SUMMER AT THE ST. PETE BEACH AQUATIC CENTER~** 7701 Boca Ciega Dr. Participants must be ages 11- 14 years older and must complete a pre-test in order to continue in the program. Pre-test consists of swimming 25 yards, treading water for 1 minute, float on back for 30 seconds, submerge and swim 10ft underwater. The program will be held Monday- Friday, **June 13-24 from 9a-1p**. The cost is \$100 per person. For more information visit our website at [www.spbrec.com](http://www.spbrec.com) or call the Aquatic Center at 727.363.9264.

**~4TH OF JULY FIREWORKS~** The City of St. Pete Beach will host their annual fireworks display on Monday, July 4th at sunset (approximately 9pm). The fireworks will be staged on Upham Beach. All normal beach and parking ordinances will be in effect. The Upham beach entrances will be closed to the public starting at 6pm and a beach launch area will be established. For more information, contact the City of St. Pete Beach at 727.367.2735.

**~AQUATIC FITNESS CLASSES~** Join us this summer for one of our four Aquatic fitness classes at the St. Pete Beach Aquatic Center, 7701 Boca Ciega Dr. For more information call 727-363-9264 or visit our website at [www.spbrec.com](http://www.spbrec.com).

**The Complete Aquatic Work-Out-** This class is designed for a complete work-out using the natural resistance of the water and aided by resistance bells. The class offers stretching, toning, range of motion, balance, strength training, and aerobics, and oh yes, FUN!

**Cost:** \$5 SPB Residents & \$6 Non-Residents. Silver Sneakers is also accepted!

**Day and Time:** Tue, Wed, Thurs: 10:15-11am



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**Aqua Zumba-** Aqua Zumba allows you to get a great workout but also makes it fun. Just like the regular Zumba format, Aqua Zumba uses dance and fitness moves to fun, up-beat music.

**Cost:** \$5 SPB Residents & \$6 Non-Residents. Silver Sneakers is also accepted!

**Day and Time:** Tue: 7pm-8pm (starting June 7<sup>th</sup>)

Fri: 11am-12pm

Sat: 10:15-11:15am

**Aquatic Fitness Class-** Aquatic Fitness offers a great muscle toning and cardio workout with the benefits and support of the water.

**Cost:** \$5 SPB Residents & \$6 Non-Residents. Silver Sneakers is also accepted!

**Day and Time:** Mon/ Tue/ Wed: 11:15am-12:15pm

**Aquatic Yoga-** Aqua yoga has all the benefits of land-based yoga such as stress reduction, better body awareness, and increased flexibility. Being in the water adds an increase in your range of motion, decompresses your spine, reduces the weight on your joints and is accessible to everyone.

**Cost:** \$7 SPB Residents & \$8 Non-Residents. Silver Sneakers is also accepted!

**Day and Time:** Thu: 11:15am-12pm



# Weather Safety: Hurricanes

## Safety and Preparedness Fact Sheet

### Before the Hurricane Season

- ▶ Determine safe evacuation routes inland.
- ▶ Learn location of official shelters.
- ▶ Make emergency plans for pets.
- ▶ Check emergency equipment, such as flashlights, generators and battery-powered NOAA Weather Radio All Hazards and cell phones.
- ▶ Buy food that will keep and store drinking water.
- ▶ Buy plywood or other material to protect your home.
- ▶ Clear loose and clogged rain gutters and downspouts.
- ▶ Trim trees and shrubbery.
- ▶ Decide where to move your boat in an emergency.
- ▶ Review your insurance policy.

### During the Storm

#### When in a **Watch** area...

- ▶ Listen frequently to radio, TV or NOAA Weather Radio All Hazards for bulletins of a storm's progress.
- ▶ Fuel and service your vehicles.
- ▶ Inspect and secure mobile home tie-downs.
- ▶ Board up windows in case the storm moves quickly and you have to evacuate.
- ▶ Stock up on batteries, food that will keep, first aid supplies, drinking water and medications.
- ▶ Store lawn furniture and other loose, light-weight objects, such as garbage cans and garden tools.
- ▶ Have cash on hand in case power goes out and ATMs don't work.

#### Plan to evacuate if you...

- ▶ Live in a mobile or manufactured home. They are unsafe in high winds no matter how well fastened to the ground.
- ▶ Live on the coastline, an offshore island or near a river or flood plain. In addition to wind, flooding from storm surge waves is a major killer.
- ▶ Live in a high-rise. Hurricane winds can knock out electricity to elevators, break windows and more.

### TERMS TO KNOW

**Hurricane Watch:** Hurricane conditions are possible within the specified coastal area. Because hurricane preparedness activities become difficult once winds reach tropical storm force, the hurricane watch is issued 48 hours in advance of the anticipated onset of tropical-storm-force winds.

**Hurricane Warning:** Hurricane conditions are expected in the specified area of the warning. Because hurricane preparedness activities become difficult once winds reach tropical storm force, the hurricane warning is issued 36 hours in advance of the anticipated onset of tropical-storm-force winds.

**Tropical Storm Watches and Warnings:** Take these alerts seriously. Although Tropical Storms have lower wind speeds than hurricanes, they often bring life-threatening flooding and dangerous winds. Take precautions!

#### When in a **Warning** area...

- ▶ Closely monitor radio, TV or NOAA Weather Radio All Hazards for official bulletins.
- ▶ Close storm shutters.
- ▶ Follow instructions issued by local officials. **Leave immediately if ordered!**
- ▶ If evacuating, leave as soon as possible. Stay with friends or relatives, at a low-rise inland motel or at a designated public shelter outside the flood zone.
- ▶ DO NOT stay in a mobile or manufactured home.
- ▶ Notify neighbors and a family member outside of the warned area of your evacuation plans.
- ▶ Take pets with you if possible, but remember, most public shelters do not allow pets other than those used by the handicapped. Identify pet-friendly motels along your evacuation route.

# Weather Safety: Hurricanes

## If Staying in a Home...

- ▶ Turn refrigerator to maximum cold and keep closed.
- ▶ Turn off utilities if told to do so by authorities.
- ▶ Turn off propane tanks.
- ▶ Unplug small appliances.
- ▶ Fill bathtub and large containers with water in case tap water is unavailable. Use water in bathtubs for cleaning and flushing only. Do NOT drink it.



## If Winds Become Strong...

- ▶ Stay away from windows and doors, even if they are covered. Take refuge in a small interior room, closet or hallway.
- ▶ Close all interior doors. Secure and brace external doors.
- ▶ If you are in a two story house, go to an interior 1st floor room.
- ▶ If you are in a multi-story building and away from water, go to the 1st or 2nd floor and stay in the halls or other interior rooms away from windows.
- ▶ Lie on the floor under a table or other sturdy object.

This information is adapted from a joint NWS, FEMA and American Red Cross brochure:  
[www.weather.gov/os/brochures/hurr.pdf](http://www.weather.gov/os/brochures/hurr.pdf)

For links to forecasts, billion dollar hurricanes, service assessment, brochures, and more go to:

[www.weather.gov/os/hurricane](http://www.weather.gov/os/hurricane)  
NOAA Weather Radio All Hazards:  
[www.weather.gov/nwr](http://www.weather.gov/nwr)  
National Hurricane Center  
[www.nhc.noaa.gov](http://www.nhc.noaa.gov)

## What to Bring to the Shelter

- First aid kit
- Medicine
- Baby food and diapers
- Cards, games, books, music players with headphones
- Toiletries
- Battery-powered radio, cell phone
- Flashlights, one per person
- Extra batteries
- A blanket or sleeping bag for each person
- Identification
- Valuable papers such as insurance policies
- Cash, credit card

**REMINDER: If you are told to leave, do so immediately!**

## Be Alert For...

- ▶ Tornadoes: They are often spawned by hurricanes.
- ▶ The calm “eye” of the storm. It may seem like the storm is over but after the eye passes, the winds will change direction and quickly return to hurricane force.

## After the Storm

- ▶ Keep listening to radio, TV or NOAA Weather Radio.
- ▶ Wait until an area is declared safe before entering.
- ▶ Watch for closed roads. If you come upon a barricade or a flooded road, **Turn Around Don't Drown!**<sup>TM</sup>
- ▶ Avoid weakened bridges and washed out roads.
- ▶ Stay on firm ground. Moving water only 6 inches deep can sweep you off your feet. Standing water may be electrically charged from power lines.
- ▶ Once home, check gas, water and electrical lines and appliances for damage.
- ▶ Use a flashlight to inspect for damage. Never use candles and other open flames indoors.
- ▶ Do not drink or prepare food with tap water until officials say it is safe.
- ▶ If using a generator, avoid electrocution by following manufacturers instructions and standard electric code.

# MESSAGE FROM ST PETE BEACH FIRE RESCUE

Hurricane Season is from June 1 until November 30



Take the time now to begin preparations and to gather your supplies.

### BE PREPARED WITH A HURRICANE KIT

Hurricanes are a type of destructive tropical storm occurring in coastal areas. They can knock out power, cut off water supply, and flood or block roads. It may be several days before services are restored, so if you live in a risk area, it is important to be prepared. To get your kit started, follow this checklist.

- WATER:** 3-5 day supply (one gallon per person, per day)
  - iodine tablets to make additional water drinkable in case of emergency
- FOOD:** 3-5 day supply, non-perishable
  - manual can opener
  - pocket knife
  - mess kits with plates, bowls, and utensils
- WARMTH:** one blanket or sleeping bag per person
  - in cooler regions, pack additional blankets and warm clothing
- FIRST AID:** comprehensive kit and instructions
- FLASHLIGHTS:** battery-powered or hand-cranked
- RADIO:** battery-powered or hand-cranked
- EXTRA BATTERIES**
- MATCHES** in a waterproof container
- FIRE EXTINGUISHER**
- CASH**
- SPECIAL ITEMS** for infant, elderly, or disabled family members
  - including any prescription medicines, formula, or other needs.
- ENTERTAINMENT:** Books and games, especially if you have children

Store your emergency kit in a safe place, in a waterproof container. Be sure to check your kit at the beginning of each season, making sure the food is still within its expiration date and that nothing has been removed.

You may consider adding additional items to your kit, like spare phone chargers and car keys, or a small propane camping stove for cooking food and boiling water. Always be prepared with your emergency kit, stay alert, and follow instructions during a hurricane.